

Winter Tango Feat Milongas Napoli VI ed.

17/20 OCTOBER 2019

LESSONS PROGRAM

FRIDAY	Time	Location	Level 1	Level 2	Unique Level
	18,30/20,00	QUATER			ARIADNA FERNANDO Couple technique. The unique movement. Space and comfort.
	20,00-21,30	QUATER	LUCILA JOE The hug as a starting. Open and closed positions and hugs. Elasticities Energies and consequences		

SATURDAY	Time	Location	Level 1	Level 2	Unique Level
	12,00/13,30	QUATER	NOELIA CARLOS Milonga. Management of the weight with respect to the axis, dissociation, traspìe		
		LA MILONGA PORTEÑA		LUCILA JOE Turns and changes of directions within the turn. Study of each possibility. Advancement techniques Changes of energies and musical consequences.	
	13,45/15,15	QUATER	ARIADNA FERNANDO Turns I. The complete structure. Functionality on each step. The importance of the space in the embrace.		NOELIA CARLOS Walking in the Tango, connection and projection
		LA MILONGA PORTEÑA		LUCILA JOE Combination of elements between saccades, turns, volleys, hooks, stops, recognize the value of each one	
	15,30/17,00	LA MILONGA PORTEÑA		NOELIA CARLOS The importance of Music for the connection. Being literal, melodic, rhythmic. Proposal of a musical idea.	

SUNDAY	Time	Location	Level 1	Level 2	Unique Level
	12,00/13,30	QUATER	NOELIA CARLOS Sacade. Adopting different body positions according to our movement		LUCILA JOE Milonga. Steps, sequences. Relax. Reaction and fun
		LA MILONGA PORTEÑA		ARIADNA FERNANDO Enrosques y lápices The turn, the free leg, axis.	
	13,45/15,15	QUATER	LUCILA JOE Time, rhythm and harmony. For orchestra the musical structures		
		LA MILONGA PORTEÑA		ARIADNA FERNANDO Everything for the Milonga.	
	15,30/17,00	QUATER	ARIADNA FERNANDO Enrosques for men and women. Pivot at its best		
		LA MILONGA PORTEÑA		NOELIA CARLOS Difference between movement, connection and points of contact Rolling	

QUATER (n° 2 rooms) - Via Diocleziano, 402 - 80125 Napoli

LA MILONGA PORTEÑA - Via Diocleziano, 109 - 80125 Napoli

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